



Anzac River Run: COVID-19 SAFETY EVENT PLAN

We are doing everything we can to put on a safe, fun and rewarding event. We want you to run beside the Swan River and achieve your own goals, so we need everyone involved to read this document and understand their role played in keeping our Fitness Result community and the wider community safe.

This plan follows the recommendations of various public health agencies and governmental departments, but remains a working document that will continue to evolve up until event day.

We are confident that we can run an awesome and safe event. But there are lots of things that are out of our control. The virus is unpredictable.

DEFINITION OF AN EVENT

While the principles in this plan are relevant to all events and gatherings, the term 'event' refers specifically to gatherings of more than 500 people, including for events that require additional local government approval to proceed (under section 178 of the Health (Miscellaneous Provisions) Act 1911 (WA) or Regulation 9 of the Health (Public Buildings) Regulations 1992 (WA)) - Western Australian Government 2021.

The Anzac River Run has approximate 300 people in attendance each year, so although we are not required to register with the Department of Health, we have notified the local council and are still be taking precautions by completing a COVID Safe Event Plan.

Implementing a COVID Event Plan is important so that we can manage the potential risk and spread of COVID-19. It will be mandatory that all River Run participants from running participants, to staff, sponsors and spectators review the COVID Event Plan document and agree to the event guidelines.

ATTENDEE HEALTH: IF YOU ARE UNWELL

Sniffles? Don't come...simple as that. 

If you have any of the symptoms that could potentially be COVID-relevant, you will not be allowed to attend or participate, which applies to athletes, support crew, spectators, vollies, sponsors and staff. Including any of the following:

- loss or change in sense of smell or taste
- shortness of breath
- fever, chills or sweats
- cough or sore throat
- runny nose
- headache
- muscle soreness
- nausea, vomiting or diarrhoea

If you present with any of these symptoms you will be requested to leave the event. We recommend you report to a COVID testing clinic immediately. We know this will be a tough call. But we ask please, if you have any symptoms, however mild, do not attend, seek medical advice and get tested immediately.

HYGIENE AND CLEANING REGIMES

Personal hygiene for patrons and staff



It is still important to ensure patrons, staff and volunteers are provided with the ability to maintain high personal hygiene standards. The following measures will be in place:

- Signage will be displayed at event entry and throughout the venue to remind individuals of the need to maintain good hand hygiene and respiratory etiquette.
- Ensure alcohol-based hand sanitiser with at least 60% alcohol is available.
- Provide hands-free basins (if possible), with liquid soap and single-use paper towels, in toilet facilities.
- Adequate supply of soap and paper hand towels to be maintained in toilets throughout the duration of the event to promote hand hygiene.
- Increase frequency of cleaning in all areas.
- Ensure enough staff are aware of effective cleaning regime and maintain this.
- Establish a thorough and regular cleaning regime of common contact surfaces, 'high touch' items and shared amenities, such as handles, taps, handrails, break room facilities, EFTPOS keypads, counter tops and toilet

Practice good hand hygiene. Wash your hands properly. Use the hand sanitiser provided,

CHECKING IN WITH QR CODE



Contact registers remain mandatory for all events to facilitate contact tracing (and for some outdoor gatherings of less than 500 people).

- The use of a QR code system, such as the SafeWA App/ServiceWA will be available
- Hard copy registers will be available for guests who are not able to check in using a QR code.
- The ability to contact trace staff, volunteers and contractors will be conducted.
- Event formats that are open to the general public and/or involve ongoing mixing of patrons throughout will make timely contact tracing challenging.

[Proof of vaccination requirements: as an outdoor event under the 500 capacity rule, proof of vaccination is not compulsory.](#)

Please see link for more information on proof of vaccination:

<https://www.wa.gov.au/government/document-collections/covid-19-coronavirus-events>

When you arrive at the Anzac River Run starting location, you MUST 'Check-In' using our QR Code.

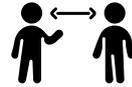
If you are unable to use a QR Code, then you MUST complete a paper COVID Record Form.

WEAR A MASK



Please bring your mask. Mask wearing is not required for outdoor events, however if you cannot physically distance then please wear a mask.

MANAGING SOCIAL DISTANCING



Physical distancing remains an important public health principle that should be maintained, where possible.

- Participants, volunteers and supporters must maintain social distancing of 2sq/m at all times.
- We will be managing any queuing by indicating 1.5m distances.
- Event presentations to comply with social distancing (eg. No handshaking, winners pick up their own prizes, 2sq/m rule)
- We ask runners to be as self-sufficient as possible so as to reduce the number of interactions between staff/vollies and runners (i.e. bring your own water)
- Runners MUST NOT handle any food - a volunteer will pass you your desired items

WAVE STARTS: We will institute wave starts. This will reduce the number of people congregating at the start line at any one time.

- The size of each wave will depend on the government restrictions in place at the time. Wave will be set off every 15 – 30 seconds.
- Waves are will be self-seeding (ie/faster runners in the earlier waves, slower runners in the later waves).
- Start times are chip-calculated rather than calculated from the gun start. This means that your time will begin when you cross the start line. You will not lose time by going in later a wave.

STAFF MANAGEMENT

Staff health and safety

We will employ the following strategies in the lead up to the event:

- Remind volunteers and staff not to attend if they are unwell, have been in contact with a positive COVID-19 patient, are awaiting COVID-19 test results or have been instructed to self-isolate.
- Maintain a register of contact details for all staff, contractors and volunteers to facilitate contact tracing if required.
- Encourage staff to maintain respiratory etiquette (e.g. sneezing/coughing into their elbow) and good hand hygiene through frequent washing or use of hand sanitiser.
- Staff and volunteers should be vigilant about maintaining physical distancing during work-related transition periods or activities as well as outside of work, including when socialising with each other.

CONTACT REGISTERS

We will have contactless register available through our website.

- Maintaining a contact register is an extra safety measure and one of the most effective ways to ensure rapid contact tracing to control the spread of COVID-19 in the event a case is detected in the community.

SPECTATORS & SUPPORT CREWS

- Spectators and support must not come in direct contact with volunteers, aid food or other official aid at those stations.
- We ask that non-runners and supporters sign in to the event by using our Q-CODE system. COVID-safe operation requires that we capture the details of all attendees so as to maximise contract tracing.
- Spectators must adhere to physical distancing guidelines and minimise their interaction with others during the event.
- Spectators and support crew must adhere to all relevant COVID-safety guidelines as per this document and standing government orders / restrictions

MANAGING UNWELL PATRONS/STAFF AT EVENTS

All efforts must be made to remind patrons, staff and volunteers not to attend the event if unwell, awaiting COVID-19 test results or under direction to remain in isolation/quarantine.

- Any staff or volunteer identifying an unwell patron should report the incident to their team leader, who will escalate as appropriate.
- Adequately training all relevant first aid staff in how to safely attend to a symptomatic patient.
- Establish an area to isolate/assess symptomatic patients. A clear exit path should be established which does not involve passing through crowded areas.
- Ensure all staff attending symptomatic patients wear gloves, eye protection and a disposable surgical mask, and dispose of them immediately/appropriately after contact, followed immediately by hand hygiene.
- Plans to remove potentially symptomatic patrons from the event as soon as possible, in a safe and appropriate manner.
- If we become aware of someone with a case of COVID-19 at the event, we will ring the COVID Public Hotline on 13 COVID (13 26843) or 9328 0553 (A/H) and follow the advice of public health officers.

Fitness Results has the right to refuse anyone who does not comply with the guidelines on this document. Thank you for your understanding.

FITNESS **RESULTS** **ALFRED COVE**

Stay tuned to the official social media channels for general updates, particularly Facebook.



FACEBOOK



INSTAGRAM

For more information on Events and COVID-19 head to:

	<p>COVID-19 coronavirus: Events</p> <p>Information for organisers of events involving more than 500 people and certain outdoor functions and gatherings ...</p> <p> wa.gov.au</p>
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Anzac River Run:

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Updated March 9, 2022